

# Las Vegas High School Wildcat Football

## Freshmen Football Camp

2001, 2003, 2004, 2005, 2006, 2007, & 2008 Sunrise Champions—2003 & 2004 State Championship Runners up—2001, 2005, & 2006 Nevada State Champions



The Las Vegas High School Football Program will conduct weight training and conditioning this summer for all incoming freshmen that are planning on playing during the 2010 football season. The summer weight training and conditioning program has been an integral part of the *success* of the LVHS Football Program the past several seasons. Each day, the LVHS football coaching staff will work with your son on weight training, agilities, plyo-metrics, conditioning, team competitions, and football skills. Attending these workouts are an integral part of becoming a successful student athlete at Las Vegas High School.

### Summer Weight Training and Conditioning Dates:

- Workouts will start on Monday, June 7th
- Workouts will be every Monday, Tuesday, and Thursday from 8:00 am to 10:45 am
- Last day of workouts is Wednesday, July 21st

For more information contact Coach Faircloth at 799-0180 ext. 4099 or visit [LVHSFOOTBALL.COM](http://LVHSFOOTBALL.COM)

Cost for each athlete is \$75. This cost includes full instruction by LVHS football staff and a tee shirt for those that attend a minimum of **16** workouts. Las Vegas High School only accepts cash or money orders. Please send cash or a money order for each camper to:

Coach Faircloth  
Las Vegas High School  
6500 E. Sahara Avenue  
Las Vegas NV 89142

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### 2010 LVHS Freshmen Summer Weight Training and Conditioning Sign-up

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Zip: \_\_\_\_\_

T-Shirt Size: M L XL XXL XXXL

In consideration of your acceptance of enrolling in summer workouts, I hereby, for myself, heirs, executors, or administrators waive and release any and all claims or damages, or injuries I may have against Las Vegas High School and the Clark County School District for all injuries sustained by me. By my signature, I hereby acknowledge reading and understanding of the implications of this clause.

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(Parent or Guardian Signature if under 18)

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Signature of Athlete