

Las Vegas Power Clean Championships 2010



Saturday, April 24th, 2010
Las Vegas High School Gymnasium



2010 Power Clean



<http://lvhsfootball.com>

Meet Schedule

Weigh Ins: 7:00-8:30 am

Rules Meeting: 8:45 am

Lifting Begins: 9:00 am

- ◆ **Cost: \$15 Per Lifter**
- ◆ **11 Lifting Classes**
- ◆ **2 Lifting Platforms**
- ◆ **Each lifter receives Power Clean Shirt**
- ◆ **Results will be posted on lvhsfootball.com**

All Entries are due at Las Vegas High School by 2:00 pm on Friday, April 16th

Lifter Awards: The top three finishers in each weight class will receive medals. Outstanding lifter will be awarded for each platform

Team Awards: The three highest finishing teams will win trophies

Event Sponsored by:

Smackya.com

For all your fundraising needs
Mike Grajek-702-813-3052



For more information contact James Thurman 799-0180 ext. 4046 or e-mail: thurmjd@interact.ccsd.net